

## SMOOTHIES

\$4

### THE SUNSET

Mango | Pineapple | Strawberry | Orange Juice | Greek Yogurt

### GREEN MACHINE

Romaine | Kale | Spinach | Avocado | Pineapple | milk

### ORANGE DREAMSICLE

Banana | Orange | Greek Yogurt | Vanilla | Milk

### PEANUT BUTTER HAZELNUT

Peanut Butter | Nutella | Banana | Greek Yogurt | Milk

### PEANUT BUTTER BANANA

Banana | Peanut Butter | Greek Yogurt | Milk

### PIÑA COLADA

Banana | Pineapple | Coconut milk | Greek Yogurt

### STRAWBERRY BANANA

Strawberry | Banana | Milk | Greek Yogurt

### MOCHA

Coffee | Banana | Nutella | Greek Yogurt

### BERRY LICIOUS

Açaí | Blueberry | Blackberry | Raspberry | Greek Yogurt | Milk

## BOWLS

DRIED OATS	BANANA
GRANOLA	MIXED BERRIES
SLICED ALMONDS	STRAWBERRIES
TOASTED COCONUT	NUTELLA
PEANUT BUTTER	AÇAÍ PUREE

CHOOSE ANY THREE TOPPINGS

OATMEAL BOWL	\$3
YOGURT BOWL	\$4
SMOOTHIE BOWL	\$5

## DAILY SPECIALS

\$4.75

### MAGIC MEATLOAF MONDAY

MEAT LOAF | MUSHROOM GRAVY | MASHED POTATOES | GREEN BEANS

### TACO TUESDAY

FLOUR TORTILLA | CHICKEN / FISH | FIRE ROASTED CORN SALSA |  
PICKLED RED ONIONS | CILANTRO | AVOCADO RANCH

### CHICKEN WAFFLE WEDNESDAY

PANCO CRUSTED CHICKEN | BELGIAN WAFFLE | BUTTER AND SYRUP

### THIRSTY THURSDAY

\$1 OFF SMOOTHIE

### FISH FRIDAY

PANCO CRUSTED COD | ENGLISH CHIPS | MULT VINEGAR

## BEVERAGES

12oz \$1      20oz \$1.5



Sirocco  
Zondo



EARL GRAY      GREEN TEA TROPICAL  
EARL GRAY DECAF      WILD BERRY HIBISCUS  
ORANGE BLOSSOM      ORGANIC MINT MÉLANGE

BOTTLED WATER      \$1.25

JUICE      \$1.25

ICE TEAS      \$1.5



Can \$1

Bottle \$1.5



330 5TH ST. N.  
ST. PETERSBURG,  
FL 33701

(727) 893-7101

OPEN MONDAY TO FRIDAY 8-1

## BREAKFAST

### OMELETTE \$4.5

CHEESE	ONIONS
MUSHROOMS	PEPPERS
SPINICH	TOMATOES
HAM	TURKEY
SAUSAGE	BACON

### BREAKFAST PLATTER

2 EGGS YOUR WAY | PROTIEN | 1 SIDE | TOAST

SALMON	\$4.75	2 Sausage	\$4
3 SHRIMP	\$4.75	3 Bacon	\$4
PORK CHOP	\$4.5		

### BREAKFAST BOWL \$4

POTATO W/ ONIONS AND PEPPERS | EGGS | SAUSAGE OR BACON | CHEESE

### SHRIMP & GRITS \$4.5

4 SHRIMP | GRITS | CHEESE | GREEN ONION

## LUNCH

### Entrée

CHICKEN	\$2.5	PORK CHOP	\$2.5
SALMON	\$3	SHRIMP	\$3

### SALADS \$2.5

SALAD BLEND | GRAPE TOMATOES | CUCUMBERS | SHREDDED CHEESE | SLIVERED ALMONDS

DRESSING :	THOUSAND ISLAND	CLASSIC ITALIAN
	HONEY MUSTARD	RASPBERRY VINAIGRETTE
	ROYAL RED	BUTTERMILK RANCH

MAKE it A MEAL for \$2  
INCLUDE A Drink AND A side

## BURGERS

ADD AN EXTRA PATTY for \$2

### HAMBURGER \$3.5

ALL BEEF PATTY | LTP | BRIOCHE BUN

### CHEESEBURGER \$3.75

ALL BEEF PATTY | CHEESE | LTP | BRIOCHE BUN

### MUSHROOM SWISS BURGER \$4.25

ALL BEEF PATTY | MUSHROOMS | SWISS | LTP | BRIOCHE BUN

### BACON CHEDDAR BURGER \$4.25

ALL BEEF PATTY | BACON | CHEDDAR | LTP | BRIOCHE BUN

### CHILI CHEESE BURGER \$4.5

ALL BEEF PATTY | CHILI | CHEESE | LTP | BRIOCHE BUN

### BREAKFAST BURGER \$4.5

ALL BEEF PATTY | BACON | CHEESE | LTP | FRIED EGG | BRIOCHE BUN

### CALI. CLUB BURGER \$4.5

ALL BEEF PATTY | SWISS | AVACADO | ONION | LTP | BRIOCHE BUN

### CAJUN BURGER \$4.5

ALL BEEF PATTY | BLACKENING SEASON | ONION | PEPPERS | SWISS | LTP | BRIOCHE BUN

## CHICKEN SANDWICH

### CHICKEN SANDWICH \$3.75

CHICKEN BREAST | LTP | BRIOCHE BUN

### CHICKEN CHEESE \$4

CHICKEN BREAST | LTP | BRIOCHE BUN

### CHEDDAR BACON \$4.5

CHICKEN BREAST | BACON | CHEDDAR | LTP | BRIOCHE BUN

### MUSHROOM SWISS \$4.5

CHICKEN BREAST | MUSHROOMS | SWISS | LTP | BRIOCHE BUN

### CAJUN CHICKEN \$4.5

CHICKEN BREAST | BLACKENING SEASON | ONIONS | PEPPERS | SWISS | LTP | BRIOCHE BUN

## SANDWICHES & PANINIS

### BREAKFAST Sandwich \$3.5

EGG | BACON | CHEESE | JELLY

### BLT \$3.5

BACON | LETTUCE | TOMATO | MAYO

### PB&J \$3.5

PEANUT BUTTER | JELLY

### GRILLED CHEESE \$3.5

AMERICAN | CHEDDAR | SWISS

### GRILLED CHEESE & BACON \$4

AMERICAN | CHEDDAR | SWISS | BACON

### CLASSIC CLUB \$4

HAM | TURKEY | BACON | AMERICAN | LETTUCE | TOMATO |

HONEY MUSTARD | MAYONNAISE

### CALI. CLUB \$4.5

CHICKEN BREAST | SWISS | AVACADO | LETTUCE | TOMATO | ONION | MAYONNAISE

### HAM & CHEESE \$4

HAM | SWISS | LETTUCE | TOMATO | MAYONNAISE

### TURKEY & CHEESE \$4

TURKEY | CHEDDAR | LETTUCE | TOMATO | MAYONNAISE

## HOTDOGS

### HOTDOG \$3.5

ALL BEEF DOG | BRIOCHE BUN

### CHILI DOG \$4

ALL BEEF PATTY | CHILI | CHEESE | LTP | BRIOCHE BUN

### CHILI CHEESE DOG \$4.5

ALL BEEF PATTY | CHILI | CHEESE | LTP | BRIOCHE BUN

## SIDES

\$1.5

GRITS WHOLE FRUIT VEGETABLE DU JOUR  
GRIT CAKES ROASTED POTATOS BAG OF CHIPS