

GENERAL INFORMATION

The **St. Petersburg Parks and Recreation Department** provides accessible programming and reasonable accommodations for people of all abilities. Participation in classes at your neighborhood recreation center is encouraged. Contact the center most convenient to you and ask about programs currently being offered or visit our website at www.stpeteparksrec.org. Online registration and payment is now available at www.stpeteparksrec.org/parksreconnect. Assistance is available for individuals interested in participating in classes offered at any St. Petersburg recreation center. For more information, call the Therapeutic Recreation office at (727) 893-7899.

Therapeutic Recreation (TR) utilizes various methods and techniques to promote independent physical, cognitive, emotional, and social functioning of individuals of all ability levels. Within the community, Therapeutic Recreation focuses on programs that promote health, independence, inclusion, activity, and an increased quality of life for people with disabilities.

Eligibility Standards

A participant's involvement in programs may be subject to minimum eligibility standards. Eligibility is evaluated by a Certified Therapeutic Recreation Specialist. Individualized behavioral support may be approved to maintain participant eligibility on a case-by-case basis.

Therapeutic Recreation Staff

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Program Staff

Carlos Childs
 Chris Metcalf
 Tony Ruffin
 April Edwards
 Robert Clarke
 Ed Walker

Therapeutic Recreation Program Operational Base: Azalea Recreation Center 1600 72nd St. N, 893-7150
 Other Locations Where Classes Are Offered

Walter Fuller Park 7883 26 th Ave. N.	Walter Fuller Recreation 893-7443 7891 26 th Ave. N.	Sunrise Lanes 522-2174 6393 Dr. MLK Jr. St. N.	Campbell Park 893-7733 601 14 th St. S.
Gladden Park 893-7458 3901 30 th Ave. N.	St. Petersburg Sailing Center 822-3113 250 2 nd Ave. SE	North Shore Aquatic Complex 893-7727 901 North Shore Dr. NE	J.W. Cate 893-7751 5801 22 nd Ave. N.

Before participation in programs, residents and nonresidents are required to obtain an ADVANTAGE Membership by completing a Program Registration Application which may be acquired at any St. Petersburg recreation center.

COOKING

Learn to prepare some recipes that are sure to be as much fun to cook as they are to eat. We will be partnering with the UF/IFAS Pinellas County Extension Office to offer these educational cooking sessions during Feb. & Mar.

Ages 15 and up. Monthly Fee:

Jan. & Apr.: \$18

Feb. & Mar.: Free (*RSVP required*)

Azalea Recreation Center

Mondays: 5:30 - 7:00 p.m.

THEATER ARTS

Participants will learn the aspects of producing a theatrical show: audition, rehearsal, costume, makeup, and sets. Session concludes with a performance open to families and the public.

Ages 13 and up. Monthly fee: \$20

New session begins: Feb. 17

Campbell Park Recreation Center

Mondays: 7:00 - 8:30 p.m.

ARTS & CRAFTS

Explore your creative side by making craft projects while socializing with friends.

Ages 15 and up. Monthly fee: \$10

Walter Fuller Recreation Center

Tuesdays: 7:00 - 8:00 p.m.

BOWLING LEAGUE

Bowling provides an opportunity for motor and social skill development, while practicing etiquette in a fun community setting.

All ages welcome.

Sunrise Bowling Lanes

Tuesdays: 6:30 - 8:30 p.m.

Session #1: Jan. 7 - Mar. 10 - \$65

Registration date for Session #1: Jan. 3

Session #2: Mar. 24 - May 19 - \$59

Registration date for Session #2: Mar. 13

KARATE

Kinney Karate is an award-winning martial arts training school that promotes a positive self-image and realistic goal setting. Classes are fun, safe, and professional. Come learn karate while you work on developing your coordination, fitness, concentration, control, and more.

Ages 11 and up. Monthly fee: \$30

Azalea Recreation Center

Wednesdays: 6:00 - 7:00 p.m.

LINE DANCING

Come learn the steps as we break down popular line dance songs such as the "Cha Cha Slide," "Cupid Shuffle," and "The Wobble."

Ages 14 and up. Monthly fee: \$20

Walter Fuller Recreation Center

Thursdays in Jan: 7:00 - 8:00 p.m.

BOCCE

Have you ever played bocce? Come give it a try. If you like bowling, you will love Bocce. This is a great sport for people of all athletic levels.

Don't pass up this great opportunity to hang out with your friends while getting some exercise.

Ages 14 and up. Program fee: \$15

Azalea Recreation Center

Thursdays in Feb. & Mar.: 5:30 - 6:30 p.m.



L.I.F.E

L.I.F.E (Learning Independence For Everyone) is a six-week program specifically designed for emerging adults, aged 16-25. Come hangout and learn important leisure life skills including, how to make new friends, personal hygiene tips, money management, and how to access community resources.

Ages 16 - 25. Program fee: \$25

Azalea Recreation Center

Thursdays in Feb. & Mar.: 6:00 - 8:00 p.m.

VOYAGERS

Learn to build a fire, cook outdoors, and set up camp as we prepare for and take a camping trip. Participants must attend all classes to go on trip.

Ages 15 and up. Total program fee: \$40

Azalea Recreation Center

Feb. 26, Mar. 4, & Mar. 11: 6:00 - 8:00 p.m.

Camping trip: March 14-15

TRITONS

TRitons focuses on improving fitness and coordination, understanding sportsmanship, and learning the rules of the game. Season concludes with an official game.

Ages 14 and up. Program fee: \$15

Azalea Recreation Center

Wednesdays in Mar. & Apr.: 5:30 - 6:30 p.m.



LET'S TRY IT!

Are you looking for new and exciting leisure activities you can do with your friends and family? Each week of this program will be all about trying a brand-new activity throughout the City of St. Petersburg. Weekly activities to be announced closer to program start date.

This family inclusive program is for ages 6 & up

Weekly fee: TBA (*Price based on activity*)

Various locations throughout St. Petersburg

Thursday in April: Time: TBA

DANCES AT GLADDEN PARK

Therapeutic Recreation's Gladden Park dances provide a safe, fun, and social environment for individuals with disabilities.

Ages 18 and up. Fee: \$3

Gladden Park Recreation Center

1st & 3rd Friday of each month: 7:00 - 9:00 p.m.

The FUN-DAMENTALS

When we are young we learn Fundamental Movement Skills (FMS), such as how to run, how jump up and down, and how to catch a ball through active play. By developing these skills, we have the confidence and the ability to enjoy physical activity pursuits throughout our lifetime. This unique program is specially designed for children and their families to learn these very important skills in a supportive, non-judgmental, and fun environment. This brand-new program will occur one Saturday a month, aiming to provide families with the resources and knowledge on how to support their child's development of these important life skills at home.



FUN WITH FRIENDS

Come join us for an evening of play and growth with all your pals on the 2nd Friday of each month. The group will engage in fun, structured activities including active games and craft time. A delicious meal is included.
Ages 6 - 12. Fee: \$10
Azalea Recreation Center
Jan. 10, Feb. 14, March 13, April 10
6:30 - 8:30 p.m.

FANTASTIC FRIDAYS

Gear up for a fantastically fun Friday evening with your closest friends. Each week is a different planned activity from balloon volleyball to festival games and your favorite group activities like Name-that-Song.
Ages 15 and up. Fee: \$3
Azalea Recreation Center
Jan. 10, Feb. 14, March 13, April 10
7:00 - 9:00 p.m.

FUN-DAMENTALS

This fun family program will help participants develop the FMS needed for lifelong physical activity. Come have a blast while you play and learn tips for the whole family to use.
Ages 3 – 12. Monthly fee: Free
Azalea Recreation Center
Saturdays: Jan. 18, Feb. 29, March 28
9:00 a.m. - 10:00 a.m.

ADAPTIVE WATERSPORTS

All ages and abilities are welcome. Equipment and instructional methods are specially designed for people with spinal cord injuries, mobility impairments, and other disabilities. Clinics include basic education, skill development, and fun out on the water. Friends and family are welcome to join in depending on availability.

You MUST call and reserve a spot in advance to participate, (727) 893-7899.

- **Sailing Clinic - Free**
April 18, 10:00 a.m. - 2:00 p.m. at the St. Petersburg Sailing Center
- **Kayaking Clinic - Free**
March 21, 9:00 a.m. - 12:00 p.m. at Walter Fuller Park behind the tennis courts.

ADAPTIVE SWIM LESSONS

Contact North Shore Aquatic Complex at (727) 893-7727 for information on adaptive swim lessons.

BALLOON VOLLEYBALL LEAGUE

The league features competitive games and social opportunities for nursing home residents. Call (727) 893-7899 for more information.

INCLUSION SERVICES

If you see a program offered in the citywide guide, not under Therapeutic Recreation, and would like to participate, let our team know! We offer assistance to individuals of all ages, with or without disabilities, to participate in recreation programs. An assessment can be completed to determine what program modifications and/or inclusion aide services are needed.

SOCIAL GROUPS AND OUTINGS

Outings focus on leisure education, community awareness, and social skills development. Outings include a variety of destinations and age-appropriate activities within Central Florida.

- **TREKKERS:** For middle-school and high school-aged youth.
- **OUT ON THE TOWN:** For adults, 18 years and older.

Outing information is distributed prior to each trip. Attendance is determined by the minimum eligibility requirements of each trip as determined by the recreation supervisors. A family member or caregiver may be asked to accompany new participants until skills have been assessed and rapport with staff has been established.

No Show Policy

Once a trip reservation has been made, failure to cancel it within 48 hours prior to the event will result in the participant being billed for the spot.

January 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day	2 <u>TRekkers</u>	3 TR Dance at Gladden Park 7:00p	4
5	6 Cooking.....5:30p Theater Arts.....7:00p	7 Bowling #1.....6:30p Arts & Crafts.....7:00p	8 Karate.....6:00p	9 Line Dance.....7:00p	10 Fun with Friends 6:30p Fantastic Fridays 7:00p	11 Out On The Town
12	13 Cooking.....5:30p Theater Arts.....7:00p	14 Balloon Volleyball Bowling #1.....6:30p Arts & Crafts.....7:00p	15 Karate.....6:00p	16 Line Dance.....7:00p	17 TR Dance at Gladden Park 7:00p	18 FUNDamentals 9:00a
19	20 Dr. M.L. King Jr. Day	21 Bowling #1.....6:30p Arts & Crafts.....7:00p	22 Karate.....6:00p	23 Line Dance.....7:00p	24	25 TRekkers
26	27 Cooking.....5:30p Theater Arts.....7:00p	28 Bowling #1.....6:30p Arts & Crafts.....7:00p	29 Karate.....6:00p	30 Line Dance.....7:00p	31	

February 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Cooking.....5:30p Theater Arts.....7:00p	4 Bowling #1.....6:30p Arts & Crafts.....7:00p	5 Karate.....6:00p	6 Bocce.....5:30p L.I.F.E.....6:00p	7 Sweet Heart TR Dance at Gladden Park 7:00p	8 Out On The Town
9	10 Cooking.....5:30p Theater Arts.....7:00p	11 Balloon Volleyball Bowling #1.....6:30p Arts & Crafts.....7:00p	12 Karate.....6:00p	13 Bocce.....5:30p L.I.F.E.....6:00p	14 Fun with Friends 6:30p Fantastic Fridays 7:00p	15 TRekkers
16	17 Presidents Day Cooking.....5:30p Theater Arts.....7:00p	18 Bowling #1.....6:30p Arts & Crafts.....7:00p	19 Karate.....6:00p	20 Bocce.....5:30p L.I.F.E.....6:00p	21 TR Dance at Gladden Park 7:00p	22 FUNdamentals 9:00a
23	24 Cooking.....5:30p Theater Arts.....7:00p	25 Bowling #1.....6:30p Arts & Crafts.....7:00p	26 Karate.....6:00p Voyagers.....6:00p	27 Bocce.....5:30p L.I.F.E.....6:00p	28	29

March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Cooking.....5:30p Theater Arts.....7:00p	3 Bowling #1.....6:30p Arts & Crafts.....7:00p	4 Karate.....6:00p Voyagers.....6:00p	5 Bocce.....5:30p L.I.F.E.....6:00p	6 NO TR Dance	7 Special Olympics County Games
8	9 Cooking.....5:30p Theater Arts.....7:00p	10 Balloon Volleyball Bowling #1.....6:30p Arts & Crafts.....7:00p	11 Karate.....6:00p Voyagers.....6:00p	12 Bocce.....5:30p L.I.F.E.....6:00p	13 Fun with Friends 6:30p Fantastic Fridays 7:00p	14 Voyagers Camping Trip
15 Voyagers Camping Trip	16 <i>No Classes</i>	17 TRekkers <i>No Classes</i>	18 TRekkers <i>No Classes</i>	19 <i>No Classes</i>	20 TR Dance at Gladden Park 7:00p <i>No Classes</i>	21 Kayak Clinic
22	23 Cooking.....5:30p Theater Arts.....7:00p	24 Bowling #2.....6:30p Arts & Crafts.....7:00p	25 TRitons.....5:30p Karate.....6:00p	26	27	28 FUNDamentals 9:00a
29	30 Cooking.....5:30p Theater Arts.....7:00p	31 Bowling #2.....6:30p Arts & Crafts.....7:00p				

April 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 TRitons.....5:30p Karate.....6:00p	2 Let's Try It!.....TBA	3 TR Dance at Gladden Park 7:00p	4
5	6 Cooking.....5:30p Theater Arts.....7:00p	7 Bowling #2.....6:30p Arts & Crafts.....7:00p	8 TRitons.....5:30p Karate.....6:00p	9 Let's Try It!.....TBA	10 TRekkers Fun with Friends 6:30p Fantastic Fridays 7:00p	11 Out On The Town
12 Easter Sunday	13 Cooking.....5:30p Theater Arts.....7:00p	14 Bowling #2.....6:30p Arts & Crafts.....7:00p	15 TRitons.....5:30p Karate.....6:00p	16 Let's Try It!.....TBA	17 TR Dance at Gladden Park 7:00p	18 Sailing Clinic
19	20 Cooking.....5:30p Theater Arts.....7:00p	21 Bowling #2.....6:30p Arts & Crafts.....7:00p	22 TRitons.....5:30p Karate.....6:00p	23 Let's Try It!.....TBA	24	25 Special Olympic Area Games
26	27 Cooking.....5:30p Theater Arts.....7:00p	28 Bowling #2.....6:30p Arts & Crafts.....7:00p	29 TRitons.....5:30p Karate.....6:00p	30 Let's Try It!.....TBA		

May 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Red Carpet TR Dance at Gladden Park 7:00p	2
3	4 Theater Performance Theater Arts.....7:00p	5 Bowling #2.....6:30p	6	7	8	9
10	11	12 Bowling #2.....6:30p	13	14	15	16 Redbird Reunion Picnic
17	18	19 Bowling #2.....6:30p	20	21	22	23
24	25 Memorial Day	26	27	28	29 Last Day of School	30
31	Camp Redbird Begins June 1, 2020					