

Therapeutic Recreation

November Registration Session

1600 72nd Street North, St. Petersburg, Florida 33710

(727) 893-7899

Center Hours: Mon 9:00 am - 9:00 pm, Tue 11:30 am - 9:00 pm

Wed 4:00 pm - 9:00 pm, Thu 4:00 pm - 8:00 pm



Get Connected - Stay Connected
Parks & Rec Connect

Online Registration & Facility Availability
www.stpeteparksrec.org/ParksRecConnect

Registration Process

The following information or a current ADVANTAGE membership is required for registration in most classes and camps.

- **Valid Driver License or State ID** - For minor participants, the Driver License or State ID of a parent or legal guardian.
- **Completed Hold Harmless Agreement** - Form may be obtained in advance by visiting www.stpeteparksrec.org.
- **Participant Photo** - Photo will be taken by Parks and Recreation personnel if a membership card is requested.



Therapeutic Recreation Information

Therapeutic Recreation uses education and recreation services to help people with illness, disabilities, and other conditions to develop and use their leisure in ways that will enhance their health, functional abilities, independence, and quality of life. Through our programs we strive to:

- Adapt or modify leisure activities as necessary
- Develop self-esteem and confidence
- Offer new recreational experiences
- Reduce boredom, stress, and anxiety
- Provide emotional and social support
- Promote good health and well-being

Therapeutic Recreation - All Ages

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Arts & Crafts - TR 	192568	15 yrs & older	Tue	06 Nov 2018 to 27 Nov	7:00 pm to 8:00 pm	3	\$10.00
Location: Walter Fuller Recreation Center - Discovery Room							
Cooking - TR 	192569	15 yrs & older	Mon	05 Nov 2018 to 26 Nov	5:30 pm to 7:00 pm	3	\$18.00
Location: Azalea Recreation Center - Large Room Learn some fantastically delicious and nutritious recipes that are sure to be just as much fun to cook as they are to eat.							
Fitness in Therapeutics - FIT 	191759	13 yrs & older	Thu	01 Nov 2018 to 15 Nov	5:00 pm to 6:30 pm	3	\$20.00
Location: Azalea Recreation Center - Satellite Program							
Theater - TR 	192571	13 yrs & older	Mon	05 Nov 2018 to 26 Nov	7:00 pm to 8:30 pm	3	\$20.00
Location: Sunshine Center - Auditorium							
Yoga - TR <i>Chair Yoga</i>	192572	18 yrs & older	Wed	07 Nov 2018 to 21 Nov	6:00 pm to 7:00 pm	3	Daily \$5.00 \$16.00
Location: Azalea Recreation Center - Small Room By doing yoga in a chair you will gain the same benefits such as strengthening, stretching, and developing body and breath awareness. Learn to meditate, reduce your stress, and have fun with your friends!							

Therapeutic Recreation - Preschool

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Adaptive Aquatics - Level 1 	192563	3 yrs to 8 yrs	Thu	01 Nov 2018 to 29 Nov	6:10 pm to 6:40 pm	4	\$12.50
Location: North Shore Aquatic Complex - Play Feature Pool							
Adaptive Aquatics - Level 1 	192562	3 yrs to 8 yrs	Tue	06 Nov 2018 to 27 Nov	6:10 pm to 6:40 pm	4	\$12.50
Location: North Shore Aquatic Complex - Play Feature Pool							

Therapeutic Recreation - Youth

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
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Adaptive Aquatics - Level 2 	192565	7 yrs & older	Thu	01 Nov 2018 to 29 Nov	6:45 pm to 7:15 pm	4	\$12.50
Location: North Shore Aquatic Complex - 25 Meter Swimming Pool							
Adaptive Aquatics - Level 2 	192564	7 yrs & older	Tue	06 Nov 2018 to 27 Nov	6:45 pm to 7:15 pm	4	\$12.50
Location: North Shore Aquatic Complex - 25 Meter Swimming Pool							
Adaptive Aquatics - Level 3 	192567	8 yrs & older	Thu	01 Nov 2018 to 29 Nov	7:20 pm to 7:50 pm	4	\$12.50
Location: North Shore Aquatic Complex - 25 Meter Swimming Pool							
Adaptive Aquatics - Level 3 	192566	8 yrs & older	Tue	06 Nov 2018 to 27 Nov	7:20 pm to 7:50 pm	4	\$12.50
Location: North Shore Aquatic Complex - 25 Meter Swimming Pool							

Additional Information

Beach Wheelchairs - Chairs are available on a first come basis for use at St. Petersburg's Treasure Island Beach & North Shore Aquatic Complex.

Adaptive Kayak & Sail Clinics - Please contact (727) 893-7899 for more information.

Leisure Education/Community Awareness - Trips announced by postcard/email. Contact (727) 893-7899 to join the mailing list.

Dances at Gladden Park Recreation Center 16 yrs & older 1st and 3rd Friday 7:00 pm - 9:00 pm \$3.00

Give the Gift of Fun! Parks and Recreation Gift Cards in any amount available in the office.

Our Mission: To preserve, protect, maintain and enhance the city's parklands and recreational facilities and engage people in leisure activities that contribute to their quality of life.

The Americans with Disabilities Act (A.D.A.) guarantees equal opportunity for people with disabilities. Special accommodation requests such as sign language interpreters, taped or Braille materials, assistive listening devices, etc., should be made at least one week prior to the activity or program. Individuals using TTD devices, please contact us using the Florida Relay Service at (800) 955-8771.