

Sunshine Center

May Registration Session

330 5th Street North, St. Petersburg, Florida 33701

(727) 893-7101

Hours: Mon - Fri 8:30 am - 4:00 pm



Get Connected - Stay Connected
Parks & Rec Connect

Online Registration & Facility Availability
www.stpeteparksrec.org/ParksRecConnect

Registration Process

The following information or a current ADVANTAGE membership is required for registration in most classes and camps.

- **Valid Driver License or State ID** - For minor participants, the Driver License or State ID of a parent or legal guardian.
- **Completed Hold Harmless Agreement** - Form may be obtained in advance by visiting www.stpeteparksrec.org.
- **Participant Photo** - Photo will be taken by Parks and Recreation personnel if a membership card is requested.



Arts & Crafts

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Art Class <i>Artscape</i>	187884	18 yrs & older	Fri	04 May 2018 to 25 May	10:00 am to 11:30 am	4	\$28.00
Break free exploring the avenues of your imagination. Find inspiration in the ordinary things of life by letting your imagination take over. Anyone can do it!							
Oil & Acrylic Painting	187892	18 yrs & older	Fri	04 May 2018 to 25 May	12:30 pm to 2:30 pm	4	\$28.00

Day Trips

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Sunshine Day Trippers <i>Tropicana Field</i>	188311	18 yrs & older	Fri	25 May 2018 to 25 May	5:00 pm to 10:00 pm	1	\$22.00

Education

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Technology Lessons	187957	18 yrs & older	Tue,Fri	01 May 2018 to 29 May			\$20.00

Private 1 hour technology lessons. Please call (727) 893-7074 to schedule.

Exercise

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Arthritis Strength and Balance Class	187959	21 yrs & older	M,Tu,W,Th,F	01 May 2018 to 31 May	9:30 am to 10:30 am	23	\$0.00
Caribbean Aerobics	187961	18 yrs & older	Tue,Thu	01 May 2018 to 31 May	9:30 am to 10:30 am	10	Daily \$4.00 \$22.00
Sweat and smile to the island beat! Carmen Ruiz will put you through the paces of exercise fun.							
Fitness Center	187964	55 yrs & older	M,Tu,W,Th,F	01 May 2018 to 31 May	9:00 am to 3:00 pm	23	Daily \$1.00 \$14.00
Low Impact Aerobics <i>Zooming to the Oldies</i>	187971	55 yrs & older	Tue,Thu	01 May 2018 to 31 May	11:00 am to 12:00 pm	10	Daily \$5.00 \$35.00
Low Impact Aerobics moving to the music we grew up with. You will gain balance, core strength and pain relief.							
Tai Chi - Beginner	187981	18 yrs & older	Wed	02 May 2018 to 30 May	3:00 pm to 4:00 pm	5	Daily \$7.00 \$24.00


Yoga	187999	18 yrs & older	Thu	03 May 2018 to 31 May	1:00 pm to 2:00 pm	5	Daily	\$6.00 \$20.00
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Integral Hatha chair yoga postures and breathing practices designed to help maintain strength, flexibility, and relaxation.

Yoga	188000	55 yrs & older	Tue	01 May 2018 to 29 May	11:00 am to 12:00 pm	5	Daily	\$6.00 \$20.00
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Instructor Dominick will teach Integral Hatha yoga postures and breathing practices designed to help maintain strength, flexibility, and relaxation.

Therapeutic Recreation

Activity/Course Title	Barcode	Ages	Days	Dates	Times	Classes	Fee
Theater - TR 	188087	16 yrs & older	Mon	07 May 2018 to 28 May	7:00 pm to 8:30 pm	4	\$20.00

Additional Information

Computer Lab (Based on Availability) Mon-Fri 8:30 am - 3:30 pm Free

Fee Waiver Program - Take advantage of this program! The Office on Aging offers a fee waiver program for low income seniors to receive free classes, activities, and day trips (meals excluded). Please contact (727) 893-7102 to see if you qualify.

Resale Shop Mon-Fri 9:30 am - 1:30 pm

Agencies and Services

AARP Senior Employment	Varies	By Appt. Only	(727) 552-1835
Information and Referral Services	Mon-Fri	9:00 am - 4:00 pm	(727) 893-7102
Kids and Kubs ¼ Century Softball	Mon, Wed, Fri	9:00 am - 12:00 pm	(727) 893-7108
Lions Club Eye Clinic Referrals	Mon, Wed, Thu, Fri	8:30 am - 11:00 am	(727) 892-5512
Neighorly Meals on Wheels & Congregate Dining	Mon-Fri	9:00 am - 12:00 pm	(727) 893-7136
Seniors vs. Crime (Attorney General)	Mon	9:00 am - 1:00 pm	(727) 552-1807
Shuffleboard (Individual \$30.00/year; Family \$50.00/year)	email board@stpeteshuffle.com		
St. Pete International Folk Fair Society (SPIFFS)	Mon-Fri	9:00 am - 4:00 pm	(727) 552-1896
Voices of Hope for Aphasia	Mon-Fri	10:00 am - 2:00 pm	

Arts & Crafts

Creative Writing Thursday 10:00 am -11:30 am Free

Health and Wellness

Ballroom Dance	Tuesday	1:00 pm - 3:00 pm	\$3.00
Health Education Series	Wednesday	Varies	Free

Games and Social Activities

Canasta	Tuesday	12:30 pm - 3:00 pm	\$1.00
Hand and Foot Card Games	Thursday	12:30 pm - 3:00 pm	\$1.00
Knitting/Crocheting/Sewing	Mon & Wed	10:00 am - 12:00 pm	Free
St. Pete. Shuffle (Family Friendly)	Friday	7:00 pm - 11:00 pm	Free
Table Games	Mon-Fri	8:30 am - 3:00 pm	Free

Music and Theater

Live: Cookie & Dave	4th Thursday	1:00 pm	Free
Karaoke	Varies	1:00 pm	Free
Profiles in Jazz (Live Band)	2nd Monday	1:00 pm	Free

Support Groups

Aphasia Memory Support Group	Mon & Wed	10:00 am - 2:00 pm	Free
Lesbian, Gay, Bi-Sexual, Transgender Support Group	Friday	11:00 am - 12:00 pm	Free

Give the Gift of Fun! Parks and Recreation Gift Cards in any amount available in the office.

Our Mission: To preserve, protect, maintain and enhance the city's parklands and recreational facilities and engage people in leisure activities that contribute to their quality of life.

The Americans with Disabilities Act (A.D.A.) guarantees equal opportunity for people with disabilities. **Special accommodation requests** such as sign language interpreters, taped or Braille materials, assistive listening devices, etc., should be made at least one week prior to the activity or program. Individuals using TTD devices, please contact us using the Florida Relay Service at (800) 955-8771.

www.stpeteparksrec.org



St. Petersburg Parks and Recreation



@stpeteparksrec